## COME TO ME YOU EVERYBODY THAT YOU ARE TIRED AND OPPRESSED AND I WILL REFRESH YOU ( $Mt\ 11\ ,\ 28\ -\ 29)$

"Every day his punishment" (Mt 6,34), I told you in the Sacred Writing; if then to your small punishments you add others of it because the way according to which you live involves includes so many penis much larger, so many hardships, many difficulties, many diseases, many difficulties, many illnesses, here than your God wants put remedy to your toils and it comes in your help. You are tired, very tired by your convulsive life, you are oppressed from the injustices that you suffer and that even they also derive from dear people, from your friends or also from people that you never would have said. Oppressed also from the malignant one, which chooses these your difficulties to exasperate them! Your comfort departs:

from the participation to the Holy Mass,

from the participation to the holy sacraments,

the Eucharistic adoration,

the incessant prayer,

the charity towards the next one.

This way your spirit, will be heard lifted from give rest also to your body. You it it to those everything Brothers that they have not way to put into practice all these things and alas! They are so many. How nice for my Divin Heart that you occupy yourselves also of the other and prayed also for the other, also that it opens the heart of God. The charity, that charity to whose God yourselves reminder in the Sacred Writing. Are perfect, like perfect it is the Father Mine that is in the skies! This perfection, is caught up with those practical spiritual that I have cited to you before, but also and above all with the charity. You know that, I want the pure hearts, because is in the purity, that you can reach that perfection that is in the same Heart of God. How many dead men also of the Being, because the spirit if not cured, destroys your body and it also produces so many illnesses. Here because I lift yourselves and restore yourselves! Shout it, howl it to everybody: your God is a God that absolutely wants to recover everybody: from here this Mission of Peace in the Hearts that it will be, as I already had to tell you, long and laborious, but which spiritual thanks and gifts your God will deliver to who will make part of this Mission actively!