

THE SACRAMENT OF THE HOLY CONFESSION

It's difficult for the man to recognize to have sinned because today the things to which to think of the world are many and everyone or almost admit are not recognizable as sin, but this because having the man done of himself a god, doesn't recognize the sin really, because if the sin is compared with God it can be contrition, but if it compare with the man that god of himself is become, the sin can hardly be found and to recognized in his own conscience. Only invoking the Spirit Saint, that is to sentinel of our conscience, we can discover our sins and to have the contrition of the same and to remedy.

In this you can make help yourselves from a priest that represents Jesus and to which Jesus is near in the moment of the Holy Confession. But troubles to the collective confessions, sadden the Heart of God. The priests with so much good person wish must individually confess the creatures, since only so they can make a discernment of their own sins. To some minister God it gives the discernment of the consciences of hearts. He has a special charisma that God have conferred him and he can involve him according to that charisma in base to his own conscience.

The preparation to this Sacrament must be never hasty, but anticipated of a few days. Ah! If this happened, which advantages you would have for your soul, your life, your behaviour, your purification.

Approach you to the confession with so much humility and more you will have great discernment. If you will think that you confess yourselves with God and not in the person of the confessor, this comparison will make you be more scrupulous and therefore mostly careful to the sin. Preparing yourselves well, with the help of the Saint Spirit you can be more precise in the same confession. Be not never banal before approaching yourselves to this sacrament, but prepare yourselves with the prayer, with the fast and any other sacrifice or offer that you can do. If completed the Confession after the absolution and the benediction you will be in the joy and in the peace, the Saint Spirit has provided, has helped you to dig in your conscience and to make you conscious of what sins have made towards your God.

Approach yourselves with frequency to the Holy Confession, because more your soul will be clean, better you will act to the presence of God, better you will succeed praying, there will be easy to behave yourselves towards your neighbor.