## THE SIN

Just to think a little and you will understand how wrong you have done in the sight of God. Because the eyes of your God are your consciousness. God is there, in that piece of your soul, in the middle of it, because directing your thoughts and your actions. But when you instead of listening to the spirit, you get away from God, you can no longer discern your actions and your thoughts and you can get away from right way and fall into sin. That's because I tell you to be united with God in spirit and truth, because God does arise in your consciousness that to feel good or evil. But the important thing is that when sinning, you keep burning in you the light of the spirit that illuminates your conscience and makes to you discern good from evil. There are sins of varying intensity: serious and less serious, but it's still serious offending God. It's bad when you have the deliberate consent in your heart to offend your God. When in your humanity you offend God without a will on your part to offend Him, then your sin is less important and less sinful in front of God. What to do to sin less?

- Make continuously during the day examinations of consciousness, so to realize, in a more or less intense way, if you have offended your God.
- If you ask continually lose, though believing didn't offend Him, you will become more aware of your sin. Search in the sacrament of penance to be always pure in front of God's eyes.

You know that this purity will suffers pains in Heaven and then you will understand better when you sin . This awareness , is for better understanding , also through Sacred Scripture, the Holy Laws of God , comparing them to your limits, your behavior to yourself. Don't think only to you, but check with your neighbor. Largest and most important is your sin and more you will have to give an account to God of your life. Forgive everyone. Don't let ever caught by grudges or offenses;

Don't offend others, as you would not want to be offended you; don't take to the neighbor some lack, but just look at what you have accomplished in respect of neighbor; ask yourself if you have honored and believe in your God and to what He make in your life and in your life, in your living.

Be merciful as your God is with you. Jesus had to tell you, if your sin was scarlet red, will become white as snow. And when your heart will be in peace and joy, this will be the sign that you have ben confessed your sins. Stay close to God with your heart and your spirit and God will help you even in confession.

(Recite the Psalms 1.2 .3 of the Holy Bible, they will help you to better understand God, yourself and the neighbor and make you aware of limits)