

OUR UNEASINESS AND OUR FEARS, FROM WHERE ARE ORIGINATED

It often happens us to question from where our uneasiness, our sadness and our fears have originate, when we have the necessary to live and even to live well, without too worries. Other times we wonder ourselves why in the environment where we live, situations are created themselves among the people in which we don't know how to explain the why of certain free badness, without a precise purpose. To my warning that due from a part to the responsibility of everyone of us and from the other to the context in which we live. In our time it is to the eyes of everybody how much the lack of values is great, this depends both from the language, that is less chaste and less respectful toward the small and from the egoism of the men, that have become more and more "God" of themselves and criticize God, because they would want Him how they want them, bent to their needs. They believe to be free to do anything, in order to satisfy what they consider pleasure or personal satisfaction. The greatest part of the times such pleasure or personal realization coincides for them in to consider the things, but also the people as mean to reach an advantage for itself. Is the egoism that dominates in the relationships among the people. Nobody does nothing for the other if an interest there is not middle. Such egoism produces struggles among the people in the various environments and in particular way in that of the job. Besides the uneasiness of social character there are also those of personal character and in these, if the man doesn't put into effect some criterions of choice, by alone he produces for himself complex situations. Therefore, it is necessary, that the person plans a system of simple life, because the complicated life is "ballast" for the man. Secondly, it is necessary that the man ask himself on what is good for himself, about he wants to live love. It is not indifferent the way it live the love, because this leads to positive or negative consequences for the person. If it live itself passively, taking what is offered by the "teacher", the television and other media, it must reject the models of life in which comes identified the sex with the love and the love with the sex! A concrete example are the young people, which in front of a society without values, they are bored more and more and more and more sad and their heart instead of turning to the good, goes to find every pleasure also perverse, also to make to pass the boredom, that is translated then in the most sordid immorality. In the family, husband and wife no longer sacrifice one for the other, so for them it becomes better, much better look for another husband or another wife who can make them happy, but never will be, because it will never know the sacrifice and never consider that sacrifice is a necessity, because nobody has ever taught them. Besides, today the marriage for a lot of people it is not considered a value but a weight and they prefer the cohabitation. But the cohabitation doesn't hock the people around religious values, that derives from to have taken a serious appointment in front of God. Therefore such union cannot consider it blessed by God, because between them there is not middle the sacrament of the marriage. In fact it is a form of concubinage, because if there was firm intention to marry it would not resort to this union. If it claim the "right to the test when there is intention to marry", it must be said that "human love doesn't admit the <<test>>, requires a total and definitive gift of people among them."¹ As regards the issues of pain and suffering, these cannot be experienced as something infuriating, because despair no program nothing, rather, destroys the person. While suffering should be welcomed and to transform it as gift to offer to God, as they teach us the saints, so that in the offer the many sins are expiated, that we as men both singly both collectively we make against the laws of God and goes also for the benefit of the souls in danger to damn themselves forever. We must finally recover a life of grace, returning to God, to that spiritual infancy, that we have lost with the original sin, with our wrong choices, fruit of our pride, but also of the evil that contaminates the world. The evil infects everything, as the good, "mystery of unity", because all we are connected indissolubly the one to the others, in virtue of the fact that we belong to the Mystical Body of Jesus, that is the Church.

¹ Catechism of the Catholic Church, Vatican Publishing Bookstore, 2006, no. 2391

Therefore, don't let each other win from the evil, but we win the evil with the good², the sadness with the joy. We don't say that we are particularly sad, we say rather that we allow to let to take too much from our imagination. There is also who wants our sadness, because does not want our good. It calls satan. Jesus calls him "prince of this world"³. From the Word of God we find the correct exhortation: "be temperate, keep watch. Your enemy, the devil, as roaring lion goes around, looking for who to devour. Resist firm in the faith"⁴. Don't let that catch from fear. Fear is a sign of insecurity and which insecurity if it does miss God? Return to God that tells us: "I leave yourselves the peace, I give yourselves my peace, not like the world gives it to you"⁵. "Come to Me you everybody that you are tired and oppressed and I will refresh you"⁶. "Have trust, I have won the world"⁷. In virtue of the redemption for the whole human kind, operated by Jesus for his death and resurrection, with which He has expiated our sins, we have received from Jesus the gift of a new baptism in Holy Spirit⁸. Therefore, because to fear? Our strength is Christ, from which we have received his same Spirit, that makes us say "Abba" (dad). Therefore, we are not anymore servants, but sons of God through Jesus⁹.

THE COMFORT TO OUR SOULS

We ask to Jesus through the prayer that makes us the gift of the humility and a mild heart, to find comfort in our soul and to bring our daily load of fatigue¹⁰, of suffering. We still draw relief for the difficulties, the uneasiness, wrongs suffered through:

- the participation to the Holy Mass
- the participation to the Holy Sacraments
- the Eucharistic adoration
- the continuous prayer¹¹
- the charity towards the next one¹².

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² Rm 12, 21

³ Gv12, 31

⁴ 1Pt 5, 8-9

⁵ John 14, 27

⁶ Mt 11, 28

⁷ Gv16, 33

⁸ Mt 3, 11

⁹ Gal 4, 6-7

¹⁰ Mt, 11, 29-30

¹¹ Lc 18, 1

¹² 1Cor 13, 1-13